

VIRTUAL VISITS



CARE WHEN AND WHERE YOU NEED IT

Connect to a Doctor in Minutes

If you enroll in one of our medical plans, you can visit with a doctor any time. Teladoc Health providers can diagnose and treat common non-emergency conditions, and they can even prescribe medication when it's medically necessary.

Find Care Your Way

You can connect using your phone, tablet or computer.

Use Virtual Visits For:

- Allergies
- Cold symptoms
- Diarrhea
- Fever
- Flu symptoms
- Headaches
- Mental health therapy
- Pink eye
- Psychiatry
- Sinus problems
- Urinary tract infection
- And more!

Mental Health Support

Teladoc Health therapists and psychiatrists represent a wide range of backgrounds, beliefs, personality types and cultures. Since your sessions are virtual, you're not limited to a professional in your area.

What Does It Cost?

Medical Visits

- **General medical visit** | \$25 copay
- **Dermatology visit** | \$50 copay

Mental Health Visits

- **Therapist visit** | \$50 copay
- **Initial psychiatry visit** | \$125 copay
- **Follow-up psychiatry visit** | \$75 copay

SUPPORT TO MANAGE DIABETES

With Teladoc Health, you're eligible for additional support if you have a type 1 or type 2 diabetes diagnosis.

No Additional Cost to You

When you enroll in a AGRILAND FS medical plan, we pay 100% for the diabetes management program.

Unlimited Test Strips and Lancets

When you need more strips and lancets, just tap your meter and re-order—no copays or out-of-pocket fees!

How It Works

After you enroll, you'll receive a welcome kit, which includes the Teladoc Health smart meter, test strips, lancing device, lancets and carrying case.

Technology to Keep You Healthy

With a smart meter, you can automatically send readings to your account and get instant insights. Plus you get access to the Teladoc Health site you can use online or through the app.

Personalized Support for Your Journey

Expert Coaching with 24/7 Support

Teladoc's coaches are certified diabetes educators. You can always contact a coach directly from your meter for guidance, and they can help immediately if your reading is out of range.

Keep Loved Ones in the Loop

Create optional notifications for high and low readings to let loved ones know your blood glucose status.

**Teladoc Health's diabetes management program was previously known as Livongo and is in a brand transition phase. You may receive Livongo-branded and Teladoc Health-branded products during this transition.*

GET THE CARE YOU NEED

Virtual Visits | TeladocHealth.com

Diabetes Management | TeladocHealth.com/register